

Tü Vida



Nottinghamshire
Carers Hub

**Free Training
for
Carers**



Fosse
Healthcare

‘Moving and Positioning’

Wednesday 22nd June 2022

10.00am—3.00pm

The Moving and Positioning course teaches the principles of physical movement and manual positioning of a person, how injuries are caused and how to prevent them and how to safely perform moving and positioning tasks.

The course will be delivered by Fosse Healthcare at their
Newark training venue:

Stephenson Way, Newark, NG24 2TQ

Refreshments will be provided

**Places are limited and must be booked in advance,
to book your place or for more information
please call the Carers Hub on 0115 824 8824**

Funded by:



Nottinghamshire
County Council

